

SHANTI TIMES



NEWSLETTER

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FOR INTERNAL CIRCULATION

CMD's Message

As the year 2021 takes off, I can't help reflecting on the year gone by. What a year it has been for all of us. Challenges galore and yet a year full of leanings. It looks like there's nothing like a global pandemic to underline how many things there are to be grateful for. Most festivals looked and felt different this year than in years past, but my hope is that you enjoyed the time to gather with those in your household, share a meal and reflect on the many lessons of 2020. While those of you with active work schedules who perhaps struggle for quiet whenever you need it, the opportunities, in general, have been more plentiful since the first stay-at-home orders came early this year.

However, at our end the story was quite the opposite. Our hospital rose to the challenge with full vigour and we worked round the clock to meet the never ending flow of patients with the infection. Doctors and health workers at Shanti Memorial Hospital have always viewed it as a privilege to be able to make a living serving the public, and I'm inspired by the many stories we are lucky to be able to tell about the extraordinary lengths we have gone to this year to respond to

never-before-seen challenges. 2021 promises to bring more such opportunities, and having lived through 2020, we're surely poised to tackle them with optimism, creativity and a renewed sense of purpose.

Since the year 2020, was totally washed off, we at Shanti Memorial Hospital couldn't appreciate our frontline warriors enough. However, I am proud to share, that on the 17th of February, we were able to revive our traditional EMPLOYEE OF THE MONTH AWARDS CEREMONY, with a low key function, wherein 3 of our staff members were felicitated with a plaque and a certificate for being the "Outstanding employees of the months NOVEMBER, DECEMBER & JANUARY. I am truly blessed to be a part of this wonderful institution.

Stay safe. God bless.

Dr. SREEJOY PATNAIK

Chief Surgeon & CMD, Shanti Memorial Hospital

Session on "Overview and approach to oral cancer"



WELCOME TO SHANTI FAMILY!



NAME : ABINASH BEHERA
DEPT. : SECURITY
DESIG. : SECURITY GUARD



ASHOK KUMAR
BHADRA
MRD
MRD TECHNICIAN



AUROVINDA
MOHANTY
DAY CARE
EMERGENCY
TECHNICIAN



BAISAKHI ROUT
ICU
STAFF NURSE



BASANTA KUMAR
SAMAL
CANTEEN
SERVICE BOY



NAME : BEDA SANKAR SAHU
DEPT. : ICU
DESIG. : STAFF NURSE



BIBEKANANDA
MISHRA
MAINTENANCE
AC TECHNICIAN



BISWARANJAN
MOHARANA
SECURITY
SECURITY GUARD



DR SUNDAR SAI
SAHOO
NEURO SURGERY
CONSULTANT NEURO
SURGERY



JYOTSNARANI
MOHANTA
SUPER DELUXE
STAFF NURSE



NAME : LAXMI PRIYA
DEPT. : MAHANTA
DESIG. : ICU
STAFF NURSE



MANJUSHREEYA
PATRA
SUPER DELUXE
STAFF NURSE



MILLI MOHARANA
HOUSE KEEPING
ATTENDANT



NIBARANA PANI
SECURITY
SECURITY GUARD



PRIYANKA SAHOO
ICU
STAFF NURSE



NAME : RAJANI BEHERA
DEPT. : HOUSE KEEPING
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SMITA RAY
DAY CARE
STAFF NURSE



SUBARNA JAYANTI
NAYAK
ICU
STAFF NURSE



SUBHASMITA SAHOO
DAY CARE
STAFF NURSE



SURYA KANTA SWAIN
CASUALTY
STAFF NURSE



Principles of Radiation protection

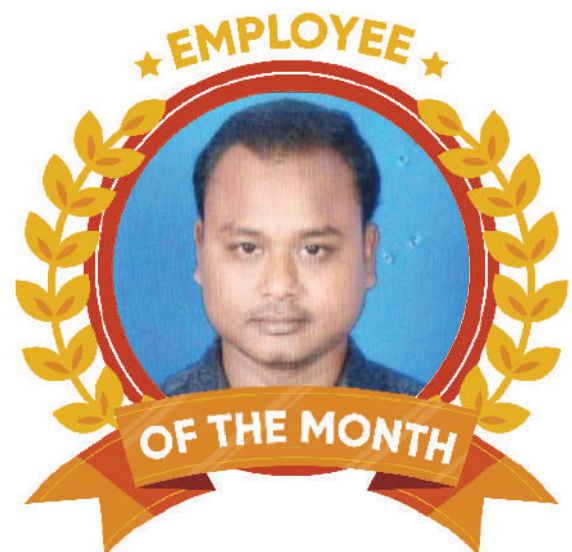
The current radiation protection are based on three general principles, which are recommended by ICRP(international commission for Radiological protection)

1. **JUSTIFICATION:** No practice shall be adopted unless it's introduction produces a net positive benefits
2. **OPTIMISATION:** All exposer shall be kept as low as reasonably achievable (ALARA), economic and social factors being taken into account
3. **DOSE LIMITATION:** The dose equivalent to individual shall not exceed the limits recommended for the appropriate circumstances.
 - **Justifiable use-** A practice that entails exposer to radiation should only be adopted, if it yields sufficient benefit to the exposed individuals or to society, to outweigh the radiation detriment it causes or could cause. This involves the correct assessment of the clinical indication for the requested examination, knowledge of the expected yield from the examination and the way in which the results are expected to influence the diagnosis and subsequent medical management of the patient.
 - **Optimisation and ALARA-** Radiation sources and installations should be provided with the best available protection and safety measures under the prevailing circumstances, so that the magnitudes and likelihood of exposures and numbers of individuals exposed be kept as low as reasonably achievable (ALARA).
 - **Dose limitations-** There is no absolute evidence of a threshold below which no damage occurs. Even the lowest the lowest doses may cause damage to the cells which might later lead to malignancy or hereditary effects if the cells irradiated are germ cells in Gonads. Therefore, we have to assume that the probability of radiation induced cancer or serious hereditary defects are proportional to radiation dose right down to the lowest levels .Individual doses due to the combination of exposures from all relevant practices should not exceed specified dose limits for occupational and public exposure.



Dr. Subrat Kumar Rout
Radiologist
Shanti Memorial Hospital Pvt. Ltd.

Name: BIKASH KUMAR DALAI
Emp. Code: SMH 1177
Designation: HOUSE KEEPING INCHARGE





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March Borns

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NAME	DOB	DEPARTMENT
SUSMITA SAHOO	02-Mar	SUPER DELUXE
ROJALINI PRIYADARSHANI	04-Mar	SUPER DELUXE
RANJUSMITA NAYAK	16-Mar	SUPER DELUXE
ANANTA GHADIA	03-Mar	CANTEEN
PRAKASH KUMAR SAHOO	30-Mar	COMPUTER
LIPIKA MULIA	29-Mar	FRONT OFFICE
SK. SARFAZ ALLI	30-Mar	PATHOLOGY
PUJARANI PRIYADARSHINEE	23-Mar	PATHOLOGY
SAGAR KUMAR LENKA	23-Mar	PATHOLOGY
LAXMAN BEHERA	09-Mar	PATHOLOGY
JAYANTI BEHERA	13-Mar	OT
AVIRAM HATUA	05-Mar	SECURITY

NAME	DOB	DEPARTMENT
MEGHANADA ROUT	15-Mar	SECURITY
JAGANNATH BEHERA	05-Mar	SECURITY
ASWINI ROUT	07-Mar	SECURITY
RANJIT PATI	08-Mar	MAINTENANCE
ABHIPSA KHATUA	31-Mar	DAY CARE
NAYAN KUMAR JENA	04-Mar	CANTEEN
JAYASHREE PANDA	05-Mar	SUPER DELUXE
SANGHAMITRA SWAIN	15-Mar	OPD & FRONT OFFICE
PRIYANKA NAYAK	28-Mar	SUPER DELUXE
SASMITA MALLIK	23-Mar	PCA
NARAYAN DASH	10-Mar	MARKETING
SABITA BHOI	07-Mar	SUPER DELUXE
RASMIREKHA MOHANTY	01-Mar	ACW

Employee of Month Award Programme

